Sub-recipients activity reports PROGRAM: "Coordinated National Response to HIV/AIDS and Tuberculosis in a War-torn and Highly Stigmatized Settings"

# QUARTERLY PROGRESS REPORT

# **REPORTING SUB-RECIPIENT:**

Association for Sexual and Reproductive Health XY

## PROJECT CODE: HIV/AIDS Objective 01

## PERIOD COVERED:

- QUARTER 01.10.2010. 31.12.2010.
- DATES COVERED

#### PROJECT TITLE:

Scale up information education communication/behavior change communication (IEC/BCC) prevention education among youth

DATE OF THE BEGINNING OF THE PROJECT: April 5<sup>th</sup> 2007

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Supporting documentation (attendance lists, event report with evaluation of training, participants' evaluation, photos, pre and post test keep with you)

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Supporting documentation (attendance lists, event report with evaluation of training, participants' evaluation, photos, pre and post test keep with you)

# 1. NARATIVE REPORT

#### **ACTIVITIES REALIZED IN THIS SEMESTER**

#### Activity 1

#### **Training for trainers:**

1.1. Six days training was held in Trebinje from 10<sup>th</sup> to 12<sup>th</sup> and from 24<sup>th</sup> to 25<sup>th</sup> of December in 2010. The subject was Sexual and Reproductive Health. The training was led by educators Dajana and Vojislav where Vojislav was developing his training skills under supervision of the well experienced trainer Dajana. The goal of this trading was to educate him for the trainer .16 persons attended the training. Gender balance: 8 boys and 8 girls.

#### The training assembled following subjects:

- Puberty
- Menstruation and Fertilization
- Male and Female Reproductive Organ Anatomy and Physiology
- Reproduction
- Sexually Transmitted Infections and Methods of Prevention
- Sexuality
- HIV and AIDS
- Skills of Coeval Education
- Communication skills
- Role plays as methods of transmitting information

It is important to emphasize the fact that the place where training was held was appropriate and good for different games for team work, lifting up the energy and fun. One of the goals achieved was that the participants get knowledge and skills necessary for conducting educational activities in a very successful way, thanks to knowledge and quality of trainers' who passed this course.

From the testing analysis we can clearly see that they had improved their knowledge, especially in HIV and AIDS section. Tests analysis shows that the educators have learned much at the training but test is based on HIV and AIDS sections and don't reflected knowledge about another sections. This training is special because the participants not only changed their knowledge and attitudes but, as we see in question 19 where 100% of them would share the food with HIV positive people or 53.33% of them changed his mind.

1.2. Six days training was held in Jablanica from 3<sup>th</sup> to 5<sup>h</sup> and from 10<sup>th</sup> to 12<sup>th</sup> of December in 2010. The subject was Sexual and Reproductive Health. The training was led by educators Djordje and Vedrana where Vedrana was developing his training skills under supervision of the well experienced trainer Dajana. The goal of this trading was to educate her for the trainer. 28 persons attended the training. Gender balance: 4 boys and 24 girls from 13 to 18 years old.

#### The training assembled following subjects:

- Puberty
- Menstruation and Fertilization
- Male and Female Reproductive Organ Anatomy and Physiology

- Reproduction
- Sexually Transmitted Infections and Methods of Prevention
- Sexuality
- HIV and AIDS
- Skills of Coeval Education
- Communication skills
- Role plays as methods of transmitting information

Before start of training only half of participants had know that abstinence is safe method which protect from hiv. After training, we can see increase of knowledge by 33%.

#### Activity 2

#### Peer presentations:

## <u>RS</u>

**1.** Banja Luka- November: In November, from 16<sup>th</sup> to 19<sup>th</sup> were held five presentations in the Technical School. On 20<sup>th</sup> and 21<sup>st</sup> September, three workshops were held in the school for ninth grade students. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 50,79% of the cases, while after the completion of the workshop number of correct answers in the post test had increased to 91%. After the workshop, participants in 93,60% of the cases said that they have information about the friendly center, and almost all of them said that they know where it is. The workshop was rated with very excellent grade (5 +) in 45,56%, with an excellent (5) 20,33%, while 43,11% of them rated workshop as very good (4). Also, ratings were provided for educators who have held the presentation during the workshops and 5 + was given by 80% of students, grade 5 was given by 10,50% of while 9,5% of them rated workshop as very good. All comments were students, encomiastic. They usually said how this way of presenting is very funny and interested for them. Adaptation of the age issue is assessed positively in 92,07%. December: XY Association on Wednesday, 12/01/2010, regarding the first December, World Day against HIV / AIDS, organized a campaign called "Universal access to human rights." in Banjaluka. To raise awareness of HIV / AIDS and reduce risky behavior among youth in particular, for this occasion we held two major presentations in Technical school. At the presentations, to students of this school were given basic information on HIV / AIDS, how to protect themselves, about transmission of HIV and reducing stigma and discrimination towards people living with HIV / AIDS, contraception, other STIs, and also about friendly youth center that exist in their city and the services it provides. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 42,83% of the cases, while after the completion of the workshop number of correct answers in the post test was 85,47%. Participants, after the workshop in 90,30% of the cases, said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) by 80%, with an excellent by 15%, while 5% of them rated workshop as very good. Also, ratings were provided for educators who have held presentations during the workshops and 5 + was given by 85% of students, grade 5 was

given by 10,5% of students, and grade very good (4) was awarded by 4,5%. Adaptation of the age issue was assessed positively in 93,5%.

- 2. Doboj: November: In November, there were organized workshops in Catering, medical and high school Traffic. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 55,66% of the cases, while after the completion of the workshop number of correct answers in the post test was 83,33%. Participants after the workshop in 55,18% of the cases said they have information about the friendly center, and nearly all of them pleaded to know where. The workshop was rated with very excellent grade (5 +) in 0%, excellent grade (5) in 100%. Ratings were also provided for educators who have made the presentation during the workshops and grade 5 + was given by 12,06% of the students, grade 5 was given by 87,93% of the students. All comments were positive. Adaptation of the age issue was assessed positively in 98,27%. December: In this month were organized four presentations, including 3 in high school and one elementary school. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 49,06% of the cases, while after the completion of the workshop number of correct answers in the post test was 87,64%. Participants, after the workshop in 78% of the cases, said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) by 13%, with an excellent by 63%, while 24% of them rated workshop as very good. Also, ratings were provided for educators who have held presentations during the workshops and 5 + was given by 29% of students, grade 5 was given by 59% of students, and grade very good (4) was awarded by 12%. Adaptation of the age issue was assessed positively in 100%.
- 3. Bijeljina: October: From 18<sup>th</sup> to 25<sup>th</sup> October were held five presentations in Economic high school. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 19,5% of the cases, while after the completion of the workshop number of correct answers in the post test was 69,3%. Participants, after the workshop in 64,2% of the cases, said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) by 55,7%, with an excellent by 35,8%, while 5,7% of them rated workshop as very good. Also, ratings were provided for educators who have held presentations during the workshops and 5 + was given by 58% of students, grade 5 was given by 34% of students, and grade very good (4) was awarded by 65,7% . Adaptation of the age issue was assessed positively in 98,8%. November: In November, six workshops were organized in the School of Economics. Workshop lasted 45 minutes and educators during this time have given much information to young people about HIV / AIDS, prevention, care. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 23,20% of the cases, while after the completion of the workshop number of correct answers in the post test was 84,8%. Participants after the workshop in 78,3% of the cases said that they have information about the friendly center, and nearly all of them pleaded to know where. The workshop was rated with very excellent grade (5 +) in 57,9%, with an excellent 25,1%, and grade very good (4) was awarded by 7%. Ratings were provided for educators who have held presentations during the workshops and 5 + was given by

54,4% of students, grade 5 was given by 29,8% of students, and grade very good (4) was awarded by 6,4%. Adaptation of the age issue was assessed positively in 100%.

- 4. Mrkonjic Grad: October: There were organized presentations in Mechanical school. The presentations were held for students of second grade. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 86,6% of the cases, while after the completion of the workshop number of correct answers in the post test was 92%. Participants after the workshop in 80% of the cases said that they have information about the friendly center, and nearly all of them pleaded to know where. The workshop was rated with very excellent grade (5 +) in 84%, with an excellent 16%. Ratings were also provided for educators who have held the presentations during the workshops, grade 5 + is given by 88% of the students, grade 5 was given by 0% of the students and grade 4 was awarded in 8% of cases. All comments were encomiastic. Adaptation of the age issue is assessed positively in 100%.
- 5. Derventa: November: In November, three workshops were organized in Gymnasium. Workshop lasted 45 minutes and educators during this time have given much information to young people about HIV / AIDS, prevention, care. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 50,59% of the cases, while after the completion of the workshop number of correct answers in the post test was 91,64%. Participants after the workshop in 45,45% of the cases said that they have information about the friendly center, and nearly all of them pleaded to know where. The workshop was rated with very excellent grade (5 +) in 4,95%, with an excellent 95,04%. Also, ratings were provided for educators who have held presentations during the workshops and 5 + was given by 8,35% of students, grade 5 was given by 92,56% of students, and grade very good (4) was awarded by 8,26%. Adaptation of the age issue was assessed positively in 100%. **December:** On December 1<sup>st</sup> was organized one presentation in Gymnasium. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 48,48% of the cases, while after the completion of the workshop number of correct answers in the post test was 86,86%. Participants after the workshop in 54,54% of the cases said that they have information about the friendly center, and nearly all of them pleaded to know where. The workshop was rated with very excellent grade (5 +) in 9,09%, with an excellent 90,90%. Also, ratings were provided for educators who have held presentations during the workshops and 5 + was given by 9,09% of students, grade 5 was given by 81,81% of students, and grade very good (4) was awarded by 9,09% . Adaptation of the age issue was assessed positively in 100%.
- 6. Prijedor: October: From 13<sup>th</sup> to 30<sup>th</sup> October workshops were organized in the secondary Agricultural school. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 49% of the cases, while after the completion of the workshop number of correct answers in the post test was 81,91%. Participants after the workshop in 78,4% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) 0%, with an excellent 74,7%, while 20,3% of them rated workshop as very good. Ratings were provided for educators who have held the presentations during the workshops and 5 + was given by 0%

of the students, grade 5 was given by 77,65% of the students, and grade 4 was awarded in 17,65% of cases. All comments were encomiastic. Adaptation of the age issue assessed positively in 85,3%, while 14,70% of them feel that the same topics are not adapted to their age.

7. Srebrenica: October: From 19<sup>th</sup> to 21<sup>st</sup> October workshops were organized in the Medical School and Gymnasium. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 62,56% of the cases, while after the completion of the workshop number of correct answers in the post test was 93,8%. Participants after the workshop in 45,23% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) 66,79%, with an excellent 12,52%, while 18,24% of them rated workshop as very good. Ratings were provided for educators who have held the presentations during the workshops and 5 + was given by 67,34% of the students, grade 5 was given by 15,4% of the students, and grade 4 was awarded in 17,26% of cases. All comments were encomiastic. Adaptation of the age issue assessed positively in 100%. November: One presentation was organized in Gymnasium for third grade students. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 70,36% of the cases, while after the completion of the workshop number of correct answers in the post test was 96,29%. Participants after the workshop in 55,55% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) 44,44%, with an excellent 38,88%, while 5,55% of them rated workshop as very good. Ratings were provided for educators who have held the presentations during the workshops and 5 + was given by 38,8% of the students, grade 5 was given by 33,33% of the students, and grade 4 was awarded in 27,77% of cases. All comments were encomiastic. Adaptation of the age issue assessed positively in 100%. December: On 1<sup>st</sup> December was organized school activity, a workshop was held in the School of Medicine. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 78,06% of the cases, while after the completion of the workshop number of correct answers in the post test was 95,65%. Participants after the workshop in 65,22% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) 60,87%, with an excellent 39,13%, while 8,69% of them rated workshop as very good. Ratings were provided for educators who have held the presentations during the workshops and 5 + was given by 26,08% of the students, grade 5 was given by 52,18% of the students, and grade 4 was awarded in 21,74% of cases. All comments were encomiastic. Adaptation of the age issue assessed positively in 100%.

<u>FBiH</u>

8. Brcko: <u>November</u>: Workshops were organized in Economical school. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 17,28% of the cases, while after the completion of the workshop number of correct answers in the post test was 94,44%. Participants after the workshop in 59,26% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) 24,07%, with an excellent 38,89%, while 25,93% of

them rated workshop as very good. Ratings were provided for educators who have held the presentations during the workshops and 5 + was given by 9,26% of the students, grade 5 was given by 90,74% of the students. All comments were encomiastic. Adaptation of the age issue is assessed positively in 88,89%, while 11,11% of them feel that the same topics are not adapted to their age.

- **9.** Tuzla: <u>October</u>: Three workshops were held in the primary school Tusanj from 27<sup>th</sup> to 29<sup>th</sup> October. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 25,21% of the cases, while after the completion of the workshop number of correct answers in the post test was 90,16%. Participants after the workshop in 94,87% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) in 3,11% of the cases with an excellent in 96,89% of the cases. Ratings were provided for educators who have held the presentations during the workshops, grade 5 + was given by 1,44% of students, grade 5 was given by 98,56% of students. All comments were encomiastic. Adaptation of the age issue is assessed positively in 98,62 %.
- **10.** Mostar: October: From 11<sup>th</sup> to 15<sup>th</sup> October were held four presentations in School of Civil Engineering. There were organized four presentations. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 12,6% of the cases, while after the completion of the workshop number of correct answers in the post test was 95,53%. Participants after the workshop in 100% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) in 85,93%%, grade 5 was given by 12,2% of students, and grade 4 was awarded by 2,45% of cases. Ratings were provided for educators who have held the presentations during the workshops and grade 5 + is given by 78% of the students, grade 5 was given by 17,10% of the students, and grade 4 was awarded by 4,90% of the cases. Adaptation of the age issue is assessed positively in 100%. November: There were organized five presentations in Economical school. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 8,46% of the cases, while after the completion of the workshop number of correct answers in the post test was 97%. Participants after the workshop in 100% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) 76,20%, with an excellent 23,80%, while 74,60% of them rated workshop as very good. Ratings were provided for educators who have held the presentations during the workshops and 5 + was given by 74,60% of the students, grade 5 was given by 25,40% of the students. All comments were encomiastic. Adaptation of the age issue is assessed positively in 100%.
- **11. Orasje:** <u>**October:**</u> On 20<sup>th</sup> and 29<sup>th</sup> October was organized school activity in high school center "Fra Martin Nedic". There were organized six presentations. Based on the analysis of pre / post questionnaire for young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 32,3% of the cases, while after the completion of the workshop number of correct answers in the post test was 62,3%. Participants after the workshop in 63,5% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated

with very excellent grade (5 +) in 14,6% of the cases, grade 5 was given by 67,9% of the students and grade 4 was awarded by 17% of the cases. Ratings were provided for educators who have made held the presentations during the workshops and 5 + was given by 15,2% of the students, grade 5 was given by 73,45% of the students, and grade 4 was awarded by 11,35% of the cases. All comments were encomiastic. Adaptation of the age issue is assessed positively in 83,5%. November: From 22<sup>nd</sup> to 30<sup>th</sup> November were organized six workshops for second grade students. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 47,53% of the cases, while after the completion of the workshop number of correct answers in the post test was 75,45%. Participants after the workshop in 77,39% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) in 7,82% of the cases, with an excellent by 61,73% of students, while 28,69% of them graded the workshop with the grade of very good. Ratings were provided for educators who have held the presentations during the workshops, grade 5 + is given by 3,47% of the students, grade 5 was given by 62,60% of the students, and grade 4 was awarded by 33,91% of the cases. Adaptation of the age issue is assessed positively in 87,82%.

- 12. Bihac: October: During October were organized workshops in Economical high school. Educators held five presentations in this school. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 31,39% of the cases, while after the completion of the workshop number of correct answers in the post test was 79,72%. Participants after the workshop in 82,16% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) in 79,72%, grade 5 was given by 15,6% of students, and grade 4 was awarded by 4,68% of cases. Ratings were provided for educators who have held the presentations during the workshops and grade 5 + is given by 75,56% of the students, grade 5 was given by 13 % of the students and grade 4 was awarded by 11,44% of the cases. Adaptation of the age issue is assessed positively in 94,18%.
- **13.** Sarajevo: October: During October were organized workshops in V Gymnasium. Based on the analysis of pre / post questionnaire of young people on issues related to HIV / AIDS at the beginning of the workshop they assessed the correct answers in 32,3% of the cases, while after the completion of the workshop number of correct answers in the post test was 72,56%. Participants after the workshop in 81% of the cases said that they have information about the friendly center, and almost all said that they know where it is. The workshop was rated with very excellent grade (5 +) in 67% of the cases, with an excellent by 4,19% of students, while 3,9% of them graded the workshop with the grade of very good. Ratings were provided for educators who have held the presentations during the workshops, grade 5 + is given by 69% of the students, grade 5 was given by 4,21% of the students, and grade 4 was awarded by 3,7% of the cases. Adaptation of the age issue is assessed positively in 97%. November: In November were organized presentations in elementary school in Grbavica. This school send us request for educational activities in order to inform young people about different problems related to adolescents. Both presentations were held on 3<sup>rd</sup> November 2010. This presentation was not only about HIV and AIDS; we also included topics: violence, STI, trafficking, alcohol, tobacco and drugs. Based on fact that pre and post measure only

question regarding HIV and AIDS, we didn't used pre and post questioners on this two activities.

## Activity 3

## Out of school activities

<u>RS</u>

- 1. Banja Luka: October: XY Association with the support of partner organizations UNDP and World Vision organized a fifth Annual conference for peer educators. The conference was held in Banja Luka at the Youth Center from 30<sup>th</sup> to 31<sup>st</sup> October 2010. year. This year's conference was organized under the slogan "The network you're safe." Like every previous year, it has had several specific objectives: Strengthening the quality of peer education in Bosnia and Herzegovina; YSAFE strengthen networks and participation of local and national level; Getting to know the positive and negative practices arising from the work of peer educators; Defining the role of peer educators in the work of youth friendly centers; Sharing knowledge and experience between YSAFE members. Conference was attended by 80 young people. November: Organized street activity in the city where the peer educators and volunteers were in the park and the square, on which occasion the young people were handing out information about HIV prevention and informed them about the services YFS. December: In the Mercator shopping center, we set up info booth in which educators and volunteers of the Association XY, also talked to people about HIV / AIDS, distributing condoms and information and educational material on HIV / AIDS.
- 2. Bijeljina: <u>October</u>: From 22<sup>nd</sup> to 24<sup>th</sup> October were organized extracurricular activities in bars. The aim of the activities was to inform young people about the services PCM, and get the basic info about the prevention of HIV / AIDS. Educators on this occasion performed the division of condoms and IEC materials. <u>December</u>: To mark 1<sup>st</sup> December were organized street activity whose aim was to inform young people about HIV / AIDS, also shared condoms and materials. During this day educators have had a stint on local television where they talked about school and extracurricular activities and sexual and reproductive health.
- **3.** <u>Doboj:</u> <u>November:</u> Organized a street action in which educators shared condoms and IEC materials and instructed youth to use the services of YFS. <u>December:</u> Organized activities to mark the 1<sup>st</sup> December. In collaboration with high school organized an event celebrating 1<sup>st</sup> December in The Cultural center. The second activity was in the city park where educators shared condoms and IEC materials to young people and talked to them about HIV.
- 4. Foca : <u>November</u>: On 13<sup>th</sup> November was organized the student party at a local club Havana. Educators talked to youth about YFS. <u>December</u>: To mark 1<sup>st</sup> December was organized activity in the lobby of the Medical school. For this activity, educators inform students about YFS, distributing condoms and IEC materials and talked with them on HIV / AIDS.
- 5. Mrkonjic Grad : November: On 29<sup>th</sup> and 30<sup>th</sup> November in collaboration with the Health organized educational workshops. Ph.D. from the YFS, along with peer educators

informed young people about the importance and ways of preventing HIV, about work of YFS. On this occasion distributed condoms and IEC materials to young people. **December:** To mark 1<sup>st</sup> December was organized activity with a partner organization GTZ "Join in Circuit". At the workshop the young people have adopted five new topics that are affecting health. On that occasion, they got the IEC materials and condoms.

- 6. Prijedor: October: From 3<sup>rd</sup> to 15<sup>th</sup> October at the club Magic educators took the opportunity at the parties that gather many young people to share condoms and IEC materials. November: During November organized extracurricular activities at the club Magic where the educators and volunteers distributed condoms and materials to young people and inform them about HIV / AIDS. December: December 1<sup>st</sup>, organized extracurricular activities where educators and volunteers on the streets talking to young people about HIV and AIDS and also visited cafes located in the city center where young people gather to share condoms and IEC materials to them.
- 7. Derventa: <u>October</u>: In this month a group of volunteers (of 8) has organized a campaign called "peer support education ". The campaign was organized in the city center. Young people are given information as well as condoms and materials. <u>December</u>: 1<sup>st</sup> December was organizing a campaign called "Safe sex is the best sex". The campaign was organized in the hall of high school in the period between the two shifts. Educators informed young people about HIV / AIDS, shared them condoms and IEC materials.
- 8. Srebrenica: <u>October</u>: From 21<sup>st</sup> to 29<sup>th</sup> October were organized street actions in Srebrenica and Bratunac. On that occasion, the peer educators shared condoms and IEC materials. <u>November</u>: Organized a street action, on this occasion informed the youth about HIV / AIDS and referral services to YFS. <u>December</u>: There were three extracurricular activities on 11<sup>th</sup>, 15<sup>th</sup> and 18<sup>th</sup> December in the town square and the school yard. On those activities divided educational material to youth. These activities were broadcast as the attachment in emissions RTRS.

#### FBIH

9. Brcko: November: In August organized a street action. They shared IEC materials to youth. December: To mark 1<sup>st</sup> December was organized street activity where educators informed youth about HIV and AIDS, and shared them IEC materials and condoms. Sarajevo: November: During November of 2010, volunteers of Association XY conducted one new model of out of school activities. We have organized this activity on 6<sup>th</sup> of November 2010. Our volunteers used this opportunity to inform citizens about health services in Sarajevo, about HIV and AIDS, STI, way of transmission of HIV and etc. New activity that educators and volunteers created is called "flash-out of school activity, where they went out into the street and in 15 min gave young people information on STI, HIV / AIDS. During these activities were shared condoms and IEC materials to young people. December: During December organized a great extracurricular activity to mark the 1<sup>st</sup> December. Educators and volunteers have visited many places in Sarajevo, where there is a high frequency of young people. They also had info stands in front of BBI center where educators and volunteers shared information for HIV testing, the YFS, shared the condoms and materials. These activities have caused great attention of youth and have had the media coverage.

- 10. Zenica: <u>November</u>: On 20<sup>th</sup> November were organized activities in the mall where they had set up info booth and they shared condoms and IEC materials, and information on HIV / AIDS, contraception and other topics to young. Some educators have visited coffee bars and shared condoms and materials. Young people have received information on protection and prevention of HIV and other STI, and get the information in the existence of YFS.
- **11. Tuzla:** <u>December:</u> On the occasion of December 1, educators and coordinator were on the city's Main Street where they informed young people about HIV / AIDS prevention, contraception, shared them condoms and IEC materials and referral services to the YFS.
- 12. Mostar: October: Organized three street activities on 16<sup>th</sup> October. On these activities peer educators were giving away condoms, IEC materials, talked to young people about prevention and HIV. December: On the occasion of 1<sup>st</sup> December were organized two street actions, one in Mostar and one in Kljuc. Educators in these areas speak to young people about HIV transmission and ways to protect. They shared condoms and IEC materials.
- 13. Bihac: November: On 20<sup>th</sup> November were organized street activities. Svi Educators expressed satisfaction with participation in this event. The activity was conducted in the evenings where educators distribute condoms and IEC materials. They informed young people about HIV / AIDS, the way of transmission, protection and testing. <u>December:</u> In December was organized extracurricular activity at the club Santos. On this activity in the evenings educators have talked with young people about HIV / AIDS and distributed condoms and IEC materials.
- 14. Livno: <u>October</u>: On public places where gathering a large number of young people, such as bars and disco bars peer educators promoted the project. Promoted the PCM and also were organized two radio shows. <u>November</u>: During November in Livno organized extracurricular activities in places where young people gather. Thus, educators and volunteers toured bars and clubs and talked to young people about the importance of prevention and protection from STIs, ways that spread HIV / AIDS and referral services to the PCM located in their city and the services available there. During these activities, educators shared condoms and IEC materials to young. <u>December</u>: Organized two radio shows where the participant was a gynecologist from YFS; topics were related to youth health. Organized activities in places where young people gather, cafes and city streets. A certain amount of condoms delivered to medical team which is part of the YFS.
- 15. Orasje: <u>November</u>: On 6<sup>th</sup> November was held radio show devoted to the promotion of YFS. Guests of this issue was a nurse from the YFS, peer educators and coordinator YFS. The issue was discussed on the YFS and services and terms that are specific to young people, where and how they can be tested for HIV. <u>December</u>: Organized two activities, one is to mark 01 December in which educators were in the high school set up info booth where they informed young people about HIV / AIDS, and gave them condoms and IEC materials. The second activity was organized on December 26 at which educators conducted workshop for members of the ensemble Azizija on HIV / AIDS.
- **16.** Ljubuski: <u>October</u>: On 16<sup>th</sup> October organized a street action in which educators promote friendly youth center and services offered to young people. Educators on this

occasion performed the division of IEC materials and condoms, and talked to young people about the importance of prevention of HIV / ADIS. <u>November:</u> On 20<sup>th</sup> November was organized street activity. For this activity, educators and volunteers talk to young people about the importance of prevention and protection from STIs, ways that spread HIV / AIDS and referral services to the PCM located in their city and the services available there. During these activities, educators shared condoms and IEC materials to young. <u>December:</u> Organized two street actions, one was organized on the occasion of 1<sup>st</sup> December in which educators in the streets talked to young people, shared their IEC materials. It was organized radio show on the occasion of 1<sup>st</sup> December. Another activity was on 21<sup>st</sup> December where educators informed young people about the YFS and HIV/ AIDS and gave them IEC materials.

- Travnik: <u>December</u>: During December organized extracurricular activities in which educators discuss with young people about issues such as contraception, HIV / AIDS and STI. They shared condoms and IEC materials to young people.
- 18. Gorazde: October: On October 2rd organized a workshop on the premises of Vejek in which peer educators presented topics such as puberty, STIs, HIV / AIDS to youth. November: In November were organized extracurricular workshops where educators gathered young people and talked with them on issues related to prevention and protection from sexually transmitted infections, HIV / AIDS. They were also distributed at this workshop, educational materials and condoms. December: Marked 1<sup>st</sup> December and on this occasion was organized action where peer educators have visited high schools, cafes and other places where young people gather. It was organized a small presentation to a large number of students in hall of Secondary school center.

## Activity 4

#### Training for medical staff

From 2<sup>nd</sup> to 3<sup>rd</sup> December in Sarajevo was organized training for health workers at the hotel Hollywood. The training was organized on subject "Friendly approach of medical staff in providing services to young people within the youth friendly centers". The training was attended by medical teams who provide services in a youth friendly centers from Orasje, Jablanica, Ljubuski, Gorazde and Trebinje. Medical team which provides services in the Youth Friendly Centre consists of a gynecologist, psychologist and nurse. Training was led by the director of the Association of XY Emina Osmanagic and master trainer Fedja Mehmedovic.

The training was in addition to 12 participants from friendly youth centers were attended by the representative LFA. Participants in the training through interactive work discussed on the following topics: Improving friendly approach in providing services to youth, communication skills in working with young people, young people and substance use, sexual and reproductive health and rights, working with hard to reach groups.

The participants expressed their satisfaction after the training they have had the opportunity to undergo such a quality and comprehensive training, and also all said that they were glad that they are part of the network and that in such training have the opportunity to exchange experiences with their peers and enhance their work.

## <u>Activity 5</u> Educational activities of non-health staff

In November in Doboj NGOs ToPeer successfully organized a workshop for parents. The goal was to inform parents about how to talk to young people on sexual maturation, sexually transmitted diseases, and was particularly interesting issue related to protection. In these talks is a very interesting meeting of a generations and the ability of peer educators to break the prejudices of parents to discuss these issues.

## Activity 6

## **Distribution of condoms**

Through organized activities out school settings we have divided condom. We have received information that they are satisfied with the quality of the condom. Some of the centers distributed condoms in coffee, with which they had agreements, over a whole month, and this way a big amount of condoms were given away. Some of the centers donated condoms to medical centers.

## Activity 7

## Dissemination of educational materials in schools

In this quarter, we managed to share a large amount of materials thanks to activities that we organized and effort of all Coordinators.

## Activity 8

#### Dissemination of educational materials out of schools

In this quarter, we managed to share a large amount of materials thanks to activities that we organized and effort of all Coordinators.

#### UNPLANNED ACTIVITIES THAT TOOK PLACE DURING THIS QUARTER (IF IT IS THE CASE):

#### SUCCESES OBTAINED:

- 1. There were successfully organized trainings for trainers and there were trained new trainers. On this trainings were also trained new educators, and network of peer educators in BiH is strengthened for new members.
- 2. All centers managed to share a large amount of IEC materials and condoms through school and extracurricular activities.
- 3. Great number of school and extracurricular activities were organized. Also many young people got the information concerning HIV/AIDS

- 4. In this quarter, NGO estimation was successfully conducted, as well as meetings with Board of Health Centers in locations chosen for new YFSs. Those locations were: Jablanica and Trebinje. Meetings with three local youth organizations were held in each of these locations, where one NGO has been chosen for inclusion in this project. In Jablanica, chosen NGO is "Pod istim suncem", in Trebinje NGO "Omladinski centar". Health centers were contacted aiming inclusion of their medical staff as workers in YFS. In the November, contracts with all NGOs and Health centers were signed.
- 5. Training for medical staff is successfully organized as well. The main goal of the training was to inform medical staff ...

#### **DIFFICULTIES MET:**

There were none bigger difficulties in the implementation of the activities in this quartal.

#### CONCLUSIONS:

In this quartal two new YFS have been established in Trebinje and Jablanica. Therefore the network of Friendly centers has been improved with two new units, so the total number of existing YFSs in BiH is 21.

Since the indicators are cumulative and relating to the total score, all indicators concerning school and extracurricular activities have been achieved. Achieved indicators in this quartal indicate good willingness and wish of all centers to continue the implementation of the peer education among the youth

In this quarter, successfully organized two trainings i\_for trainers In which trained trainers and peer educators who will continue to participate in the implementation of this project and to inform their peers about HIV / AIDS.

Young people are interested for IEC materials, as well as for condoms that were distributed in large quantities.

The training for medical staff that provides services for the youth in YFS is successfully implemented.

## SUCCESS STORIES/HUMAN STORIES

## Human story

## Trebinje:

## Feedback, training participants:

Everything was great. We wish we could have one more training or a follow-up one. It would be good if the training was held during the vacations. They said that they would like to see the trainers from other cities in order to improve in their work, skills and knowledge. We believe that training not only help us but to our peers through presentations that will keep.

## COMMENTS OF THE PARTICIPANTS:

The training was awesome, when will we have it again? I had the best time in my life. I think that these trainings are very important for maturing of the youth and that everyone should be familiar with these subjects. I never had a course as good as this one. Trainers are great, all of them.

Trainer of course was very well prepared, he has excellent knowledge. He has very good skills. The training was good, the participants adopted a lot of knowledge and prejudices are shattered. We are pleased with the organization of training by the coordinator. It is interesting to note that the participants experienced trainers as well as friends who long to know that the parting with them was difficult.

## Ljubuski: Story from the field:

The parents were very skeptical and at first was difficult to be engaged in conversation and allow children to participate in actions not only as volunteers, but as passersby who take flyers ... However, our volunteers are here to explain in the right way that it only can help young people in Ljubuskom ...

Here's the story of one of the parents: "It's good that young people have the opportunity to learn something useful in life, and I hope there will be more such projects ..."

## Banja Luka

## Impressions of the participants from the workshop:

In this workshop, organized by the Association XY on the occasion of the first December, the World day of fight against HIV / AIDS, I learned a lot about how HIV is transmitted, how we can protect ourselves from HIV and all other sexually transmitted infections. Very interesting thing was that the peer educators explained us all through the stories and true events. We had the opportunity to participate with them in the workshop and to ask them everything that interests us. Earlier I heard about YFC but now I've got all the information about the whereabouts and

when we can go there. All in all, I really liked the workshop and I'd love to be a part of this organization.

## Impressions of the peer educators:

What I like about working on presentations is being able to transfer the knowledge that I acquired in the Association XY to my peers. I can teach them useful things. Sometimes young people have the wrong information's, information's they found by reading the newspapers or articles on the Internet, or they hear something from their friends...I like to offer them accurate and reliable information's and explain everything, because that's why we exist. Also, we talk a lot about prevention, which in mu opinion, is the most important thing. It is useful to know in what way and how to protect against STIs, unwanted pregnancy...

#### Jablanica:

#### **COMMENTS OF THE PARTICIPANTS**

This is the first event of the type in Jablanica. Everything was great. We wish we could have one more training or a follow-up one. It would be good if the training was held during the vacations. They said that they would like to have more training like this one. We could see that they were enjoying all the time. We believe that training not only help us but to our peers through presentations that will keep.

*I, hereby, certify the truth, correctness and validity of all the information, documents and data existing in this progress report (the narrative report, Annex A1, Annex A2 and the support documents are part of the progress report).* 

ELABORATED BY:

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1. **ANNEX 1** : List of reached indicators (see example) without division on entities, towns, gender). Example is attached in mail.

INDICATOR DESCRIPTION	October	November	December	TOTAL	Target	% achieveme nts	Reason for variances
Number of young people (14-19) reached through peer education in							
school settings Number of young people (15-24) reached through peer education in out of school	1257	636	313	2 206	1 000	220,6%	
settings	892	1069	3 082	5 043	2 500	201,72%	
Number of trained ToT	/	/	2	2	2	100%	
Number of trained peer educators	/	/	44	44	/	/	On TOT (Training Of Trainers) we also trained new peed educators.
Number of medical staff trained in youth friendly approach	/	/	12	12	9	133,33%	Medical staff from Orasje, which last year was unable to train because of the bad weather at that time, passed the training now.
Number of other persons educated in peer education approach (parents, psychologists, social workers)	/	9	/	9	25	36%	With this population it is hard to organize this kind of education because of their employment; we are planning in next period to pay more attention to this activity.
Number of condoms distributed	10 111	8 239	65 741	84 091	80 000	105,11%	
Number of educational material		5200		0.001			
distributed (leaflets,	3 889	560	330	4 779	3 000	159,3	

# **ANNEX 1**

brorchures etc.) in schools							
Number of educational material distributed (leaflets, brorchures etc.) out of schools	6 817	8 795	26 537	42 149	27 000	156,10%	
Number of clients who received medica I service	651	671	707	2 029		,	
Number of clients who received psychological counseling	296	313	337	946			
Number of clients referred to VCT centers	31	60	60	151			

2. ANNEX 2 : Data collection sheet per entity/per town/per gender - Month 1

Attach supporting documentation

3. ANNEX 3 : Data collection sheet per entity/per town/per gender - Month 2

Attach supporting documentation

4. **ANNEX 4** : Data collection sheet per entity/per town/per gender – Month 3